

# All Energetics

## Healing Energy Therapy ~ VortexHealing® Divine Energy Healing

The integration and 'playing' of Tai Chi is on a fundamental level learning and using an approach to self healing. At first we see & feel this most clearly from a physical perspective as our bodies open & release, get stronger, become more flexible & correctly aligned & all while our vital energy increases. Less clear is perhaps how this meditative practice provides an avenue towards inner peace, quietening the mind and awakening to our true nature.

But the deeper we go with the practice this is what starts to take place, a movement back to stillness, a movement away from the conditioned mind & its historical programming that will continue to keep us separate from our real potential & true freedom.

Everything in creation is conditioned. An apple is conditioned to be an apple it can't be a banana, it doesn't have that type of conditioning.

As manifestations of the same mystery that created the apple we come into beingness.

An extremely complicated, incomprehensible collection of atoms (whatever they are) that at one time were part of a dinosaur & William Shakespeare. Yes, we pretty much share the same atoms with everything that ever existed on this planet. Couple this with the fact that we are an incredibly complex gathering of energetic forces that appear in the universe and at some point the mind just cannot conceptualize the deep, deep mystery of it all & has to fail in going any further.

What's this got to do with Healing Energy Therapy? - I'm getting there quite soon I believe.

We, everybody we know, everybody we met, everybody we see, no exceptions, has issues that arise from our historical programming & conditioning. These issues will have occurred both before and after the physical body is formed. We inherit genetic conditioning through our DNA from all our ancestors, and there's millions of them just for starters. Then after the birth of the physical form, (which in itself is a process of separation,) our cultural environment kicks in. Someone calls me 'Colin' & I start to believe that that's who I am. Then Colin starts to experience the outside world, & he starts to create his own story about himself and his own story about others. He likes this, he doesn't like that. He likes them over there, but thinks them over there are not cool. This is good, this is bad. If I do this i get rewarded, if I do that i get punished,

and so it goes on. If my parents are Christian then I must be a Christian, if they are Jewish then I must be a Jew.

Ah ha! - so very good, 'I' start to 'figure myself and others out' through a particular lens that Colin perceives to be real. That lens has begun to create an 'I'. That 'I' has a story that it begins to identify with and hence attaches itself to more & more. The 'I' ends up believing itself to be real. But the truth is that that the 'I' is imaginary, it was constructed through a lens that only ever existed for Colin. This 'I' is amazingly resilient & powerful for something that only exists in the imagination & it will go to extraordinary lengths to sustain itself.

Look at the level of insanity that has been reached in this truly magical realm we named earth. This insanity is the result of the imaginary self or a collection of selves behaving at a deeply unconscious level. Their issues not only dictate their behaviour but do a fantastic job of justifying it as well.

Here's a brief list of just some issues that make us unhappy, keep us separate, restrict our true potential & are being constantly played out around the world causing pain, suffering & perpetuate more unconscious behaviour.

**Lack : Victim : Discontent : Fear : Disapproval : Anger : Jealousy : Resentment : Grievance : Blame : Need : Indifference : Judgement : Superiority** - 'your turn!'

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By no means a comprehensive list but certainly on its way. And so the question might be, well where do all these issues come from? and the answer is, - you can find them all packaged up in the imaginary 'I', that false sense of self (Ego), created by a unique lens that we carry with us from the past & bring into the present & carry into our future.

However, if we were free of our issues what would the present look like, what would our lives look like? What would the world look like?

Could we possibly transcend the self that believes itself to be separate & then attain our full potential in this lifetime? Isn't this the most pertinent & useful question of all questions to ask ourselves, "Well if I'm not my story then what am I"?

I was introduced to VortexHealing® by Richard Farmer, my dear friend & Tai Chi mentor. Richard has been 'around the block' so to speak & so when he says something works I tend to listen & trust that. He gave me my first Vortex treatment which was truly incredible.

Still somewhat skeptical I embarked on the training in New York over the past 3 years

& continue with the training today. I have used Vortex a lot on myself as I've seen my personal issues arise and have used this divine energy on others. The results are quite outstanding. It does do what it says on the box. Healing using Vortex is not always about relaxing the physical or mental energies or necessarily making people feel good. It is about deep transformation & works directly on permanently releasing the physical & emotional issues from our energy systems. As the issues are cleared the system literally 'lightens up', as the unnecessary baggage is removed.

As the receiver of this healing energy, you don't have to do anything, just lie down and let go into the ride, though it can be helpful to identify the particular issue that you want to be done with.

That's it. Probably took longer than the 'I imagined' it would but there you go. The Center for Health & Conscious Living is the only location in the Mid West where you can go for a Vortex treatment & like Tai Chi I can only thoroughly recommend that you give it a whirl & see for yourself.

Usually a first consultation & treatment is \$75.00 but for the month of August & NSSTC students I have reduced this to \$55.00. Allow about an hour and a quarter for the first treatment.

all good wishes

Colin.



Of course please do let me know if you have any questions.